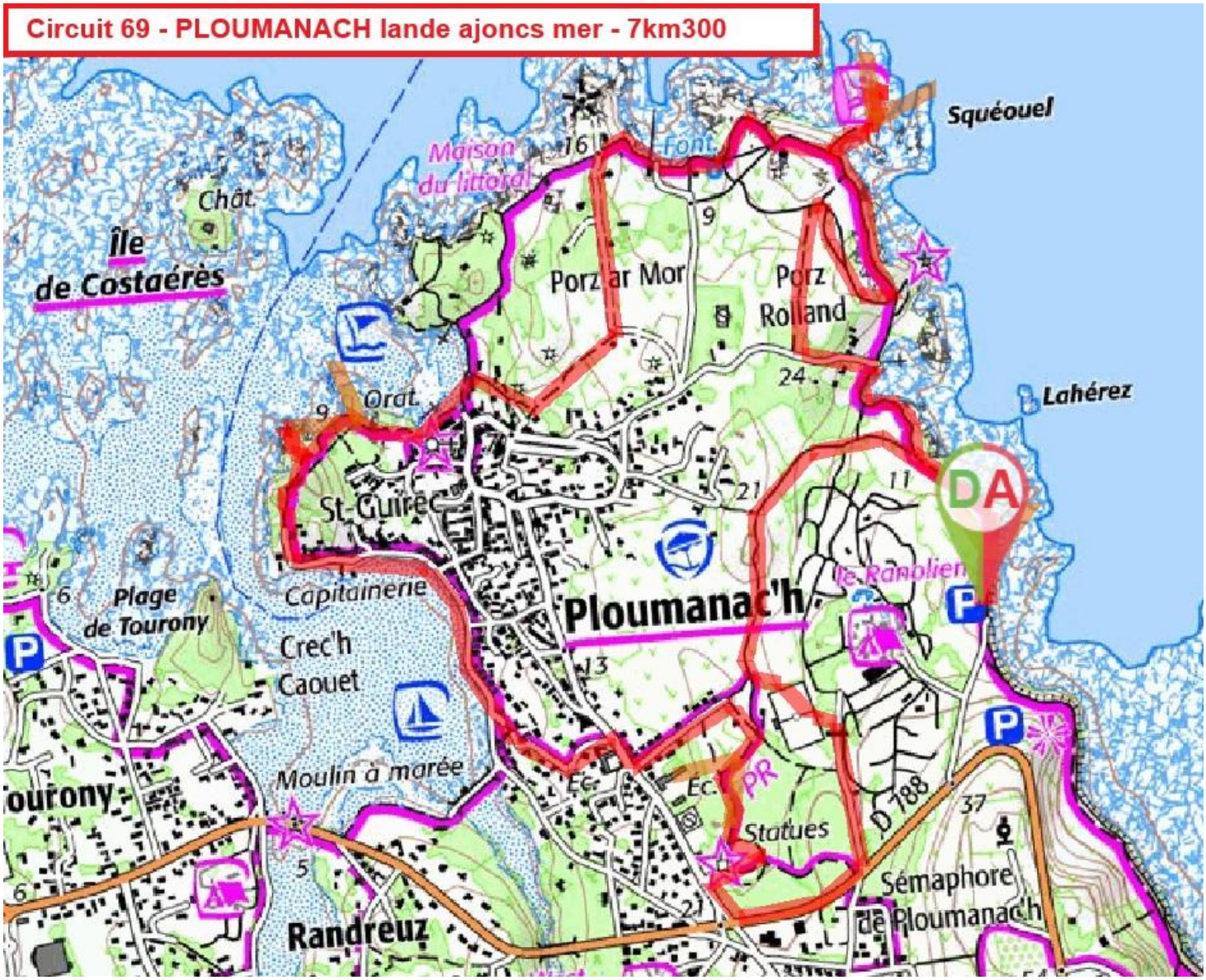


Départ : PLOUMANACH - Parking du sémaphore – chemin du Squevel